

# MENU FOR MARCH 2024

## BEDFORD SENIOR COMMUNITY CENTER

Lunches are served between 11:30am & 12:15pm

Menu subject to change

Call 734-856-3330 between 8:00am & 10:30am for reservation

Whole grain bread, spread, & low fat milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1. Tuna Noodle Casserole</b> Egg noodles Peas Carrots Dinner roll Banana
<b>4. Country Fried Steak</b> Gravy Mashed potatoes Brussel sprouts Applesauce	<b>5. Beef Taco Salad</b> Lettuce & tomatoes Refried beans Cheddar cheese Taco sauce Churros Orange	<b>6. Grilled Chicken Breast</b> Stuffing Gravy Broccoli Apricots	<b>7. Sloppy Joes</b> Wheat bun Tatar tots Three bean salad Peaches	<b>8. Baked Pollock</b> Tatar sauce Cheesy potatoes Cauliflower Apple
<b>11. Cheeseburger</b> Wheat bun American cheese Baked beans Pickle Potato chips Carrot raisin salad Pears	<b>12. Chicken Teriyaki Meatballs</b> Rice Pineapple Broccoli Grapes Almond cookie	<b>13. Beef Chili Baked potato</b> Cheese Sour cream Corn Peaches crackers	<b>14. Baked Chicken thigh</b> Gravy Green beans Mashed potatoes Banana	<b>15. Boiled Dinner Sausage &amp; Cabbage</b> Red skin potatoes Carrots Applesauce 
<b>18. BBQ Pulled Pork</b> Wheat bun Tater tots Corn Apple	<b>19. BIRTHDAY LUNCH</b> <b>Salisbury Steak</b> Gravy Mashed potatoes Succotash Mandarin oranges Cake & Ice Cream	<b>20. Brunch</b> French toast sticks Sausage links Home Fries Syrup Strawberry yogurt OJ	<b>21. Baked Ziti Pasta w/ meat sauce</b> Parmesan cheese Green beans Tossed Salad Garlic biscuit Apricots	<b>22. Salmon Patty</b> Cream sauce Mashed Potatoes Peas Dinner roll Fruit cocktail
<b>25. Pork Chop Suey Rice</b> Oriental veggie blend Egg roll Pears Fortune cookie	<b>26. Chicken Tenders</b> Ranch dip O'Brien potatoes Carrots Applesauce	<b>27. Liver &amp; Onions</b> w/ brown gravy Whipped potatoes Tomatoes & zucchini Fruit cocktail	<b>28. Bratwurst on a bun</b> Sauerkraut Red skin potatoes Lima beans Apricots	<b>29. CLOSED</b>  <b>GOOD FRIDAY</b>

# MENU FOR APRIL 2024

## BEDFORD SENIOR COMMUNITY CENTER

Lunches are served between 11:30am & 12:15pm

Menu subject to change

Whole grain bread, spread, &

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<p><b>1. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>2. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>3. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>4. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>5. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>
<p><b>8. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>9. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>10. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>11. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>12. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>
<p><b>15. CLOSED</b></p> <p style="text-align: center;"><b>Kitchen Renovations</b></p>	<p><b>16. Fish Sandwich</b> Wheat bun Tartar sauce French fries Cauliflower Mandarin oranges</p>	<p><b>17. Beef Enchilada Bake</b> Corn tortillas Black beans Cheddar cheese Mexicali corn Corn bread Pineapple</p>	<p><b>18. Pot Roast</b> Carrots Potatoes Lima beans Tossed salad Banana</p>	<p><b>19. Mini Corn Dogs</b> Pork &amp; Beans Beets Cole Slaw Pears</p>
<p><b>22. Mostaccioli Pasta</b> Meat sauce Italian green beans Tossed salad Garlic biscuit Peaches</p>	<p><b>23. Birthday Lunch</b> <b>Chicken Thigh</b> Baked Sweet potato Brussel Sprouts Dinner roll Applesauce Cake &amp; Ice Cream— <i>Sponsored by Vibrant Life</i></p>	<p><b>24. Ham &amp; Scalloped potatoes</b> Broccoli Dinner roll Apricots</p>	<p><b>25. Chicken Chow Mein</b> Rice Oriental-Veggie blend Egg Roll Fortune cookie Fruit cocktail</p>	<p><b>26. BLT Wrap</b> Beets Pasta salad w/ veggies Grapes</p>
<p><b>29. Cheeseburger Mac &amp; Cheese</b> Sweet potato fries Green beans Tossed salad Applesauce</p>	<p><b>30. Jazz day</b> <b>Breaded Chicken Breast</b> Mashed potatoes Gravy California Blend Veggies Orange</p>			